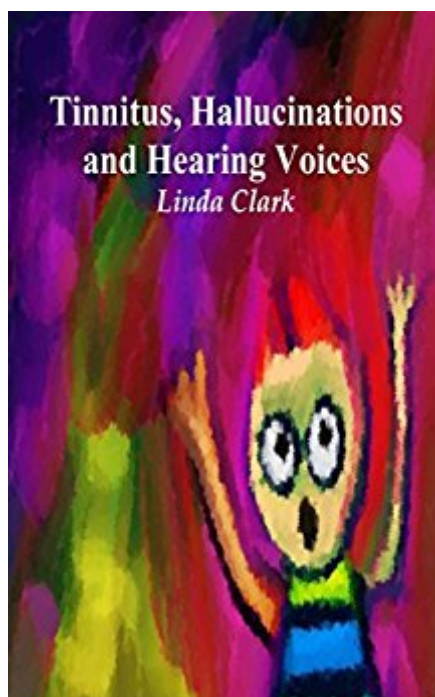


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# Tinnitus, Hallucinations And Hearing Voices



## Synopsis

A practical guide for anyone who is plagued by phantom voices, mysterious music or spooky singing, who suffers from some other kind of auditory 'interference' such as Tinnitus or who has a friend or relative asking them for advice. Written by an author with first-hand experience of Tinnitus and of helping an elderly friend with Musical Ear Syndrome, this is a witty, up-to-date, no-nonsense exploration of the symptoms and causes of auditory hallucinations. You'll find useful and often surprisingly entertaining suggestions to make the symptoms easier to deal with. Towards the end of the book the subject of hallucinations in general is covered in greater depth. There are also tales of famous voice hearers such as Dickens, Jung, William Blake and Joan of Arc together with a number of colourful digressions into the history of voice-hearing and treatment of voice-hearers.

## Book Information

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& Psychology > Mental Health > Mental Illness

## Customer Reviews

Gave helpful insights I could pass to a friend about the ringing in her ears and how to help it.

Explained why I sometimes heard music when utterly exhausted, stressed or feverish. Low price, great information. .

This book explained a lot of things that were driving me mad or at least I thought they were. Glad to read that I am still sane and that there is a name to what my problem is. Thank you very much Amicia. You don't know how many people suffer in silence because they are too embarrassed to say anything.

It was very well done. I found it informative, fascinating and helpful. I would recommend it to anyone who has a family member experiencing MES

I have tinnitus and since going deaf the tinnitus went from different sounds, like roaring or high-pitch hissing. I woke one morning to a sound like a man singing far off. Also, I bought the book.

I thought I was going crazy. It was encouraging to know that this condition even existed. On to the internet.

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